

COMMUNICATIVE MUSCLE TESTING

YOUR INVITATION TO ATTEND

This seminar and webinar series is designed to realign the original ideas of Daniel David Palmer with advances in philosophy, technique and the latest scientific research.

John O'Malley has long recognised the need to bring together the many diverging threads of chiropractic by reconstructing the original Palmerian ideas of innate intelligence and the subluxation.

Join us as we reconstruct the Art, Science and Philosophy of chiropractic into a practice protocol that is cutting edge and fit for purpose; making chiropractic truly holistic.

\$2700 +GST PER DELEGATE
60 CPD POINTS FOR 2019/20 PERIOD

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EVOLVING HEALTH

COMMUNICATIVE MUSCLE TESTING

Since 1994 I have been using muscle testing. My principal at the time, Dr Bryan Hale, did a lot more than just adjust the spine and cranials, as is the core of Applied Kinesiology (AK). He used mental questioning, food testing, and homeopathy. I was writing my Ph.D. thesis around that time and was doing a lot of work with the theory of linguistics. It occurred to me then, that muscle testing had many of the hallmarks of a language. It was not until I moved into my own practice in 2003 that I started to explore this idea in more detail.

There were still a lot of unanswered questions particularly around the problem of “How can my unspoken question be understood by the unconscious mind of a patient?” This led me to question the role of the ontic (what the universe is made of) for such a phenomenon cannot exist in the billiard ball, atomistic universe of biomedicine; a philosophical conundrum enmeshed in metaphysics.

Last year I coined the term Communicative Muscle Testing (CMT) to better describe traditional AK muscle testing in the broader context of a method of communicating with patients.

At the end of 2018 Dr Heidi Haavik and I jointly recognised the need to bring chiropractic philosophy and chiropractic science into line with each other. We ran a one day seminar in Nelson “Philosophy Meets Science” which I then presented to the rest of the profession.

The CMT seminar series is an extension of that, and brings in technique, or the art of chiropractic. By the end of the seminar series participants will have a reconstructed Art, Science and Philosophy of chiropractic that is cutting edge and fit for purpose making chiropractic truly holistic.

If there is enough interest to run one more seminar covering unit one for those who did not do it last year but would like to do the CMT series anyway, I will consider re-presenting it here in Nelson prior to Unit Two. If you are interested please email info@evolvinghealth.co.nz for further information.

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ABOUT JOHN O'MALLEY Ph.D.

John O'Malley has been in practice for over thirty years. He is an Internationally Certified Chiropractic Sports Practitioner (ICCS) and is a Fellow of the Royal College of Chiropractors. John is published in the areas of chiropractic and medical anthropology and is focused on giving the profession new insights into how to expand chiropractic practice. John is very enthusiastic on philosophy in health care for clinical practice, with a keen interest in recognising the underlying causes of functional illness including musculoskeletal pain.



UNIT ONE PHILOSOPHY MEETS SCIENCE

ONE DAY SEMINAR, PRESENTED 2019

This was primarily an introductory unit and stood on its own for all forms of Chiropractic. It looked at classical Western philosophical concepts and the history of chiropractic and medicine. This was followed by a review of neurological organisation with emphasis placed on proprioception. We then looked at reconstruction as a process and reinterpreted traditional concepts.

The subluxation was evaluated as an integrative component of dysfunction – re-presented as mosaic illness. The impact of the adjustment on neurological function was reviewed. In contrast to traditional approaches to assessment such as motion palpation and leg lengths etc. participants were introduced to muscle testing (CMT).

UNIT TWO WHO ARE WE? MUSCLE RESPONSES, CMT, SPINE AND THE SUBLUXATION, CRANIALS AND DIAPHRAGM SEMINAR, MAY 2ND TO 3RD

Unit two answers the question “Who are we?” We hear a lot about paleo diets but nothing about paleo (tribal) social, emotional and physical environments and how they formed the person we are. In addition to addressing this deficit we address in detail the muscle testing and spinal analysis that formed the last sessions of the unit one seminar. We finish by looking at cranials and the diaphragm, common structural components that are activated by stress.

UNIT THREE UPPER AND LOWER LIMBS SEMINAR, AUGUST 1ST TO 2ND

Learn to treat tennis elbow, golfer’s elbow, RSI, CTS, knee pain, plantar fasciitis and many other “syndromes” that in the end are just the surface presentation of a patient exhibiting dysfunctional coping mechanisms. These problems melt into nothingness when you remobilise the areas involved and address the underlying triggers.

UNIT FOUR UNDERLYING CAUSES. INTRODUCING PROCEDURAL PROTOCOLS SEMINAR, SEPTEMBER 12TH TO 13TH

Underlying causes are the dysfunctional patterns that the body throws up to deal with the stress of modernity. Following the AK concept that emotions, biochemistry and structure are intimately intertwined we lean the CMT protocol to neutralise these patterns, a prerequisite for structural stability. We then look at the first set of protocols, the stress protocols as these will prove to be the most useful in your practice. By the end of this weekend you will be able to do a complete CMT evaluation and treatment not just structural but in certain cases you will also be able to address underlying causes.

UNIT FIVE

UNDERLYING CAUSES CONTINUED

WEBINAR SERIES

Building on what was learnt in unit four the five webinars that make up unit five are the protocols that address everything from immune habits to relationships. The only difference in each of these is the starting point. All treatments then follow a set pattern.

Webinar 5.1 Emotional – Self Image and Overpowering Emotional Habits

September 23rd - 1.5 hours

Under this title are 20 protocols. Covering such issues from self-acceptance and self-doubt to guilt. Strong Emotions – Ingrained Habits; fear, resentment, anger, and grief.

Webinar 5.2 Relationships

September 30th - 1.5 hours

Under this title are 22 Protocols. We are fundamentally tribal and most of our emotional habits come from our relationships with others.

Webinar 5.3 Immune

October 14st - 1.5 hours

Under this title are 19 protocols. Environmental triggers such as immunisation, antibiotic use, xenobiotics and emotional stress develop habituated immune responses. Most immune problems are a targeting issue. These include; Failing to recognise a target (infection), Mistaking self for a target (autoimmune), Over reacting to a target (intolerances, allergies, atopic disorder). Note, CMT to date has not produced any useful responses with cancers.

Webinar 5.4 Meridians, Organ, Endocrine and Metabolic.

October 21st - 2.0 hours

Under this title are 18 Protocols. In this we look at meridian associated muscles and how these might fit into presenting problem, particularly extremity problems. We also look at organ dysfunction and its presentations.

Webinar 5.6 Mental, Neurological and The Ethereal.

28th October - 1.5 hours

Mental function is intimately tied into brain and neurological function. These in turn are affected by subluxations, stressors, neuroinflammation, and other environmental factors. We look at how to detect, order and treat these issues. In the first lecture we looked at the role of the ontic, that of which the universe is made, and concluded there are four possible options. The ethereal relates to the possibilities of reality that do not fit into the biomedical paradigm. Whether it is constructed as part of the patient's belief system or is an actual, if unattainable, component of the universe, the ethereal exists for the purposes of many patients' lived experience. We look at tools to investigate its impact on health and place it within broader philosophical issues tying it into classical chiropractic philosophy.

UNIT SIX

INTEGRATIVE TECHNIQUE WEEKEND

SEMINAR, NOVEMBER 14TH TO 15TH

This is a one and half day seminar in which we put the whole lot together. There will be short certification test which everyone should pass. If you don't there will be ample opportunities to address any deficits so that in the end all participants can achieve certification. We will then treat each other and discuss further workshop and seminar ideas.